

## Coconut-Fruit-Seed Treats

This recipe is grain-free and starch-free yet surprisingly satisfying!

1/ 2 cup dried unsweetened shredded coconut

1 cup sunflower seeds

8-10 organic dried apricots, chopped

1 / 4cup organic raisins

$\frac{1}{2}$  cup creamed coconut

a few dashes of green stevia powder, to taste

few dashes of sea salt

$\frac{1}{2}$  tsp vanilla

$\frac{1}{2}$  cup of water, if needed

Mix all ingredients together, in small food processor until somewhat finely ground. Add about 1 tsp water and mix with spoon to get a moist consistency that will be easier to roll. Then roll into 1" balls, in extra shredded coconut to dust exterior.

Enjoy for dessert or snack!

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