

# Nutritional Supplementation Workshop



@ The Canadian School of Natural Nutrition

## Gain confidence in recommending nutritional supplements!

Different prices, formats and brands: how do you tell the difference in quality? What makes some products so expensive? What do those words on the label mean?? Come and find out! During this seminar, **Andrea Bartels, RNCP** will answer your most pressing questions about nutritional supplementation. Find out what each company does best. Learn about the variety of great products available to you and your clients!

Participants are encouraged to bring nutritional products with them for discussion.

**Choose from 2 Dates:** Tuesday, October 27<sup>th</sup> 6 – 9 p.m. OR Thursday, November 5<sup>th</sup> 1:30-4:30 p.m.

**Fee:** \$52.50 (includes workbook and GST)      **External Practicum Hours:** 3

**Prerequisite:** current enrolment in, or graduation from CSNN (not open to the public)

**How to register:** Contact Andrea at [andrea@expandyourdiet.ca](mailto:andrea@expandyourdiet.ca) or 613-325-3322 and provide your phone number. Please leave a cheque/cash for Andrea Bartels at the CSNN front desk.

*About The Presenter:* Andrea Bartels, B.A., RNCP, ROHP is an Ottawa-based Registered Nutritional Consulting Practitioner with over 10 years experience working with nutritional supplements. She has a private nutritional consulting practice and teaches at the Canadian School of Natural Nutrition. See [www.expandyourdiet.ca](http://www.expandyourdiet.ca) for more information on Andrea's nutritional education offerings.